

Subject Philosophy: Physical Education

Philosophy

Physical Education aims to contribute educationally to the physical and emotional development of students as individuals, as team members and members of society by helping them to lead full and valuable lives through engaging in purposeful physical activities and fostering a physical and reflective approach to life in the context of a growing awareness of the need to stay fit and healthy. It aims to develop the physical and emotional competence and helps to promote physical development for each student on an individual basis.

We place a strong emphasis on teaching basic skills such as sensible eating including the recommended 5-a-day, keeping physically and emotionally active and personal hygiene. Students are encouraged to participate in friendly, competitive events both inside and outside of school and have built links with several local schools.

Broad Goals

The broad goals of Physical Education relate to three key areas which are known as, 'Standards of Achievement,' 'Quality of Learning' and 'Quality of Teaching.'

'Standards of Achievement'

Each week, through our Physical Education curriculum, all students are encouraged to realise their potential and make the most of their strengths through a variety of activities such as participating in different types of PE lessons and adjustable activities which, dependent on ability, can range from swimming, trampolining, using the soft play area, using the sensory room and developing and supporting physical and sensory needs. For some students, different sports are taught across the key stages which embed many of the fundamental skills of life-long learning such as participation, keeping score (numeracy), looking at the rules (literacy), sharing, time keeping and being a team player. Additional opportunities are offered through lunch time sports activities which are available twice a week and are led by an external professional. There is also a weekly after-school session which is delivered through the SendActive club and it is expected that more students will access this in the academic year of 2020-2021.

Weekly awards are given for exceptional achievement in the hope that each student receives at least one of these throughout the term. CLM / Solar targets are set to encourage achievable targets and set further aspirational ones for our students and it is hoped that our students are encouraged and inspired to keep fit in whichever way is appropriate and suitable for them.

'Quality of Learning'

The Quality of Learning in Physical Education is looked at in a variety of different ways to ensure the learning our students are exposed to remains aspirational. Activities such as student and staff voice allow direct input of what it is that staff and students like, what they do not like, and how the students' individual needs can be met.

CLM targets are looked at to ensure they are fair, that they are being met and where possible, exceeded. Opportunities for learning outside the classroom to take place exist through swimming at the local sports centre, the SendActive Programme, participation in the annual Rotary Awards and any other various, exciting opportunities that come our way throughout the year. These opportunities that allow our students to explore learning outside of the classroom also enables them to work with others, to meet new people, to develop their SMSC opportunities and embeds many of the Baginton Values.

Physical Education at Baginton Fields provides an environment where pupils find PE enjoyable and rewarding and can see and feel the benefits of participation. It offers exploration of new key words and develops their literacy skills. Students learn to be tolerant of others and have respect for different abilities, ideas and opinions.

Students learn to develop an understanding of cultural change and differences through learning about Sports from different countries and cultures.

'Quality of Teaching'

To ensure the high quality of teaching is consistent, staff use opportunities such as formal observations, informal drop ins and staff feedback to continue to develop Physical Education; especially as there is a breadth of knowledge and skills at Baginton Fields School so it is good to utilise the strengths that we have and help to fill in the gaps. Regular internal triangulation and moderation allow for sampling across the keys stages to ensure consistency is being met.

Through the areas of interest, the curriculum has been designed to allow our students:

- to develop social skills and understanding through participation in group projects and through shared experiences.
- to develop auditory, sensory and motor skills.
- to develop the ability to use different parts of the body for different purposes.
- for cross curricular learning to take place.
- It encourages the research and investigation of different sports, their history and the key players and stars from a range of different countries and cultures.
- It encourages individual choices.
- To help pupils recognise how sport and keeping fit is essential for not only the physical being but also a person's mental well-being.
- To learn about and develop a variety of techniques and methods when it comes to different sports and games.

Student Outcomes and Interventions

We will know we have achieved these broad goals when all students, commensurate with their abilities, are able to:

- Students are encouraged to develop appropriate specialist vocabulary through using a key word journal and dictionaries.
- Students will be introduced to PE journals in order to experiment, record and investigate activities and fitness and encouraging independent enquiry.
- The individual achievements of students are highlighted by showcasing photographs and certificates of achievements in the hall and around the school.
- Expectations for students are to be prepared to learn, participate by respecting others and trying their best.
- Listen carefully, ask for help if necessary and learn from one another. Use the equipment sensibly, safely and appropriately.
- Attendance at the lunch time and after-school clubs which all students are encouraged to attend.

We will have achieved our goals when:

- All students attempt to complete the given range of activities and targets in each year focusing on a variety of physical activities set by their teacher.
- All students to recognise and celebrate their own individual style, skills and abilities.
- All students show more appreciation and support of the work of others.
- Students enjoy keeping fit and healthy and having a positive mindset.

Development Strategies

In order to achieve our goals and bring about these outcomes we will endeavour to:

- Ensure all SoW are engaging, up to date including SMSC and the Baginton Values and are interesting for our students.
- Ensure SoW are shared with all staff to allow the sharing of good practice and in case of long-term staff absence.
- Ensure all class staff have a good knowledge of pupils individual learning needs.
- Differentiation is evident to allow for individual progress.
- Ensure CLM / Solar Targets and feedback is consistent, up-to-date and student friendly.
- Have regular 'drop in' sessions to see a variety of lessons across the different abilities.
- Create a 'Wish List' and ask staff for any suggestions for new resources.
- Monitor resources through ordering any new ones as needed and repair those that require it (bike maintenance).
- Create a more engaging learning environment (i.e. paint the hall).
- Develop more visual stimuli.
- Create linked curriculum days with other subject areas to celebrate cross curricular topics and themes (for example teaching healthy lifestyles through PHSE, Science and Design and Technology).
- Continue to maintain partnerships with SendActive, Coventry East Consortium and the Rotary Awards Scheme.
- Encourage the daily 'Baginton Mile' and offer awards and incentives for completion.
- Build a partnership with any other venues and companies such as the team at The Wave and the newly opened Alan Higgs Centre.
- Develop students social, moral, spiritual and cultural understanding.
- Ensure a minimum of two sports clubs are running during lunch times (Dodgeball and Basketball).
- Continue with the afterschool sports club and encourage more students to attend.
- Continue with the annual Sports Day.
- Improve the choice of the 'outdoor / indoor enrichment afternoon' opportunities (especially in the winter months).